BAR HILL NEWS

Brought to you by the Bar Hill Community Association
June 2025 Issue 669

WORK HAS BEGUN INSTALLING THE NEW PLAYGROUND BY THE SCHOOL!

THIS MONTH: Bar Hill Sports & Social Club (Page 4), Alzheimer's Society (Page 6), Vets for Pets Summer Tips (Page 13), Northstowe Midsummer Festival (Page 19), Bar Hill Primary School VE Day (Page 23), Tennis & Pickleball Club (Page 25)

Girlguiding
Bar Hill & Northstowe District

We help all girls know they can do anything!!!

It's been over 100 years Girlguiding was established, growing into a vast and vibrant network of members across the UK and worldwide with our members still pushing boundaries and achieving great things!

Bar Hill Guides

It's never dull at Bar Hill Guides, who offer a relaxed, welcoming space where you can have fun, learn and be yourself with good friends from 10 to 14 years old. Once again, we have had an active first half to year with a schedule decided by our young members that has included supporting fundraising for those in our group going Girlguiding international trips, brushing up and learning new skills and fun evenings of mop hockey, outdoor cooking, Bar Hill Monopoly, hike and family rounders.

By the time this publishes we will have also held our summer camp, a weekend away undertaking a number of activities including service in the community, archery, camp fire & guiding traditions but more important a space to relax, socialise and have fun – there's always plenty of laughter!

Bar Hill Guides have a stand at the fete, funds raised will help those selected to represent us on international opportunities. Please stop as your passing to show support, say 'Hi' and find out about Girlguiding.

Would you like your daughter to learn skills for life, whilst having fun with her friends? To register: www.girlguiding.org.uk/information-for-parents/register-a-child/

Would you like to spend time volunteering for Girlguiding? – we can guarantee you will have as much fun as our young members. To volunteer: www.girlguiding.org.uk/get-involved/become-a-volunteer/register-to-volunteer/

If you have any questions, please contact Sarah Rivers, District Commissioner (barhillguiding@icloud.com)

BAR HILL COMMUNITY ASSOCIATION

Chair of Trustees	Andy Pellew
Vice Chair	Anthony Mitchell
Secretary	Jenni Foster-Smith
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BHN Editor	Andy Pellew
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Bunty Waters	Jo Hall
Dave Wright	Dee Callaghan

If you'd like to contact the BHCA then you can either;

- Write to us at **Parish Council Offices, Hanover Close, Bar Hill. CB23 8EH**
- Email the Chair of Trustees at **chair-of-trustees@barhill-ca.org**, or
- Call/ message/ WhatsApp **07814 871752**.

We meet monthly on the second Tuesday at 7:30 pm in the Fox. If you'd like an agenda please get in touch!

Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published. Names and addresses may be withheld.

There is no charge for Articles, What's On, For Sale or Lost and Found. These appear at the Editor's discretion.

All items should be submitted to **bhn-editor@barhill-ca.org**

See www.barhill-ca.org

Bar Hill News - Digital Copy

On (or around) the 1st of the month we send out a link to this month's digital copy. If you'd like to receive it please complete this form.

https://bit.ly/bhn-digital

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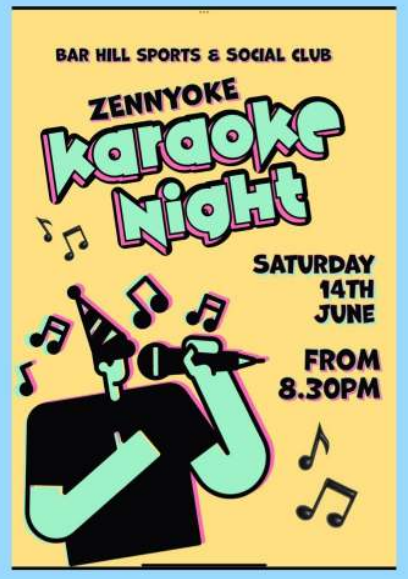

EVERY WEDNESDAY & FRIDAY

OPENING HOURS

	BAR	FOOD
MON	5-9PM	
TUES	5-10.30PM	
WED	5-11PM	5-9PM
THURS	5-11PM	
FRI	2-MIDNIGHT	4-9PM
SAT	12-MIDNIGHT	4-9PM
SUN	12-9PM	

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June 2025 Timetable

Every Monday, 10- 12 (unless otherwise listed) in the Octagon (opposite Maple Surgery)
The Hub is for people of all ages as a place to gather & enjoy community!

2 June	Coffee Stop, Foodbank, Chess, traditional & 5Aside versions	Health & Wellbeing 10.15 - 10.45
9 June		Carers Café with talk about Healthy Eating 10.00 - 11.30
16 June		Health & Wellbeing 10.15 - 10.45
23 June		Evergreens 10.00 - 11.30 Meet a Parish Councillor 10.00 - 12.00
30 June		

WHEN: Every Monday 10am – 12pm.

WHERE: The Octagon (opposite Maple Surgery), Bar Hill, CB23 8EH

WHAT: Our vision is to create a fairer and friendlier community, so everyone can thrive and knows where to turn to for warmth, welcome, friendship and support. The Hub is a busy gathering space, providing a warm, comfortable, welcoming space for our entire community. Come along and join us, we look forward to seeing you!

Coffee Stop: Pop in for a coffee, a piece of delicious home-made cake and a chat with friends, old and new!

Foodbank: No need for any vouchers. If you are struggling financially, drop by and let us help you, available between 10am and 11.30am

Citizens Advice: NOTICE: for health reasons, there is no village Citizens Advice service. To book an appointment for face to face, email or telephone advice with the Cambridge office, please use the following contact details

Email: https://www.cambridgecab.org.uk/get-advice/email-us/

Phone: 0808 278 7808

Evergreens: a safe space for those with memory loss to enjoy: Conversation, Connection, Celebration. Accompanied by a carer, friend or family member. When: usually 4th Monday of each month. Please see separate entry in Bar Hill News for more information.

Health & Wellbeing: On the 1st & 3rd Monday, take advantage of some exercise guidance from our experienced coach and visiting speakers (starting at 10.15am).

Carers Café: On the 2nd Monday of the month, providing support for any carers in the village, even if you are not a patient of Maple Surgery

Meet a Parish Councillor: you can meet one of our Parish Councillors to discuss any issues within our village, between 10am and 12pm on the 4th Monday of the month. Just look for the sign within the Coffee Stop.

Traditional & 5Aside Chess (within the Coffee Stop): A great way to connect and start a conversation with people happy to teach you this wonderful game. Come along and join us for refreshments and a chat!

Your Community Hub…in the community, by the community, for the community!

Alzheimer's Society Dementia Support in Cambridgeshire

We have a team of fully trained Dementia Advisers who are here to support everyone affected by dementia or worried about memory, their family members and carers.

As well as providing you with information, we can help you to understand dementia better, for example, helping with communication, eating and drinking, washing and dressing, etc. We will work with you to find strategies to cope with the difficulties that you face. Our staff will offer you a listening ear and a safe space to discuss the emotional impact of this. Our service is free and confidential, and can be accessed at any point and as often as needed.

We can help you to access benefits and any other services that may support you. We can also help you to plan for the future. We have a range of services including one-to-one support, groups, information sessions and are available in over 60 GP surgeries around the county.

If there is any way we can help you, please give us a call on **01223 620962** or email at **cambridgeshiredementia@alzheimers.org.uk**.

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LETTERS, NOTICES & ANNOUNCEMENTS

Please send your letters & notices to **bhn-editor@barhill-ca.org**. Thank you!

Bar Hill HAPPY HOURS Club

The Bar Hill Happy Hours club meets in the main bar area of the Bar Hill Sports and Social Club between 2 and 4pm on Friday afternoons for tea/coffee and cakes, getting together with friends, fun and games. All of this for only £2 per person. The bar is open if you want something extra.

We are looking for new members to join us, so if you are 50 or over, want to get out, see some old friends, meet some new ones and have some fun why not come along!

Coming in June:

6th: Games and a Quiz

13th: Father's Day, Bingo and a Quiz

20th : Spanish theme

27th: Bingo and a Quiz

Anne Plumb | **01954 780364** | **anne@rwp10.plus.com**

FOR SALE: 2 Seater Sofa. Black leather. L- 153cm x 85 cm - D/ H - 105cm. Caller collects. £350 ono. Please phone 07716 359510

Dear Residents of Bar Hill

Thank you so much for your support at the recent election! I was delighted to be returned to the council and look forward to working on your behalf for the next term. We also now have a Liberal Democrat majority on the County Council for the first time.

The result in Bar Hill division is as follows:

Liberal Democrats - 1430

Reform UK - 508

Conservative - 413

Labour - 281

Green - 219

It was wonderful to hear from so many of you during the campaign about what you think is special about the village and also about some things you would like to change. Please do keep in touch if there is anything I can help with by dropping an email to: **edna.murphy@hotmail.co.uk**.

Thank you again!

Cllr Edna Murphy

Steve Jolley
Plastering & Tiling

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Cambridge
CB23 8SX

Home 01954 780445
Mobile 07727 203626

The deadline for submissions is the second Thursday of the Month.
Please send your article to **bhn-editor@barhillca.org** (PDF, Word, Pages, etc)

Bar Hill Indoor Bowls Club

We meet in the school on Friday evenings during term time only from 7.30 pm to 9.30 pm with a 1/2 hour break for coffee. We are a very friendly group and we would love to have some new members. It doesn't matter if you have never played before just come along and join us one Friday, the cost is £3 per week but the 1st week is free.

So why not come along and give it a try?

If you would like more information please contact me on **01954 204171 / 07847 327709** or **barbara.page@live.co.uk**

Dear Editor

I would like to say an enormous thank you to Lisa Pope & the PTA and staff at the Primary School.

They invited several residents from the village to a Tea Party on VE Day, 8th May. They rolled out the red carpet for us, guided us into the playground, where we joined the pupils with their sandwiches, there was this beautifully laid out table with afternoon tea, cakes & scones, which we all really enjoyed.

Two minutes silence was held in remembrance of those who gave their lives in the war & this really thoughtful event was very well planned on this special day.

Bunty Waters

Dear Residents,

Are you part of a local group providing support in our community? Or do you run a local group? If so Cambridgeshire Community Foundation (CCF) has launched a community lottery for Cambridgeshire and Peterborough. The lottery offers a new fundraising opportunity for local charities and community organisations.

- Tickets cost from £1 per week
- 60p from every ticket goes directly to good causes in Cambridgeshire
- Players can choose which local cause receives 50p from their ticket
- The remaining 10p supports other community initiatives across the county through Cambridgeshire Community Foundation
- Weekly draws with prizes ranging from £25 to a jackpot of £25,000

CCF wants to share this was as many organisations as possible. Firstly, to ensure they have a chance to consider signing up to benefit, but secondly, to give you an opportunity to promote it to your supporters, which could help to sell tickets (to benefit local groups and organisations).
You can find out more information on the CCFs website; **www.cambscf.org.uk/lottery/**

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Dear Residents,

I wanted to let you know that the Home Office have provided an update around the use of the Bar Hill Best Western Hotel as accommodation for asylum seekers. The Home Office have now announced that they plan to stop using the hotel to house asylum seekers in the coming months. An exact date for this change has not been confirmed - but I wanted to provide you with this update as you may have seen some reports in the media about this topic recently.

South Cambs District Council is working closely in partnership with all other local agencies and stakeholders to ensure this change is managed as smoothly and sensitively as possible.

I would like to take this opportunity to sincerely thank you all as the Bar Hill community for your continued support, compassion, and generosity throughout this period.

Andy Pellew (BHN Editor)

Dear Residents,

Bar Hill Allotment Society has a short waiting list at the moment for plots. If you would like to be added to the list please contact us at the following email address **barhillallotment@gmail.com**.

We will also have a stall at the Bar Hill Fete in July please come and have a chat with us!

Best wishes, Julie Fry (Secretary)

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8 o'clock club

The club is a women's group and we meet in the school on the 1st Thursday of the month at 7.30 pm.

Our meeting this month is on the 5 June when we hold our annual garden party at 7pm at 152 Hillcrest. Members only.

Our fee is £15 per year and £1 each meeting for a hot drink and raffle.

We welcome new members to the club. If you would like to join please come along to one of our meetings or phone Barbara **204171** (**07847 327709**) Adela **204265** or Ann **204687**

Help! We're Missing Something

Maybe it's an article by a group you support? A bit of local news? Or even details of an event? Let us know! Deadline for our July issue is **Thursday 12th June**.

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Winner: 2018 Solar PV Installer of the Year, East of England Energy Efficiency Awards

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Bar Hill Church news

Services

Sun 1 June, 10:00am — **Holy Communion**
This service will be led by Rev James Lawrence who was, many years ago, assistant minister at Bar Hill. Separate activities for children, Communion will be brought out. YouthZone remain in church.

6:00pm — **Informal Worship**
Refreshments served from 6:00pm with the service starting at 6:30pm and finishing at about 7:30pm.

Sun 8 June, 10:00am — **Pentecost Praise** (an all-age service)

Wed 11 June, 10:00am — **Midweek Communion**

Sun 15 June, 10:00am — **Holy Communion**
Separate activities for children, Communion will be brought out. No YouthZone.

Sun 22 June, 10:00am — **Quaker Service** (no separate provision for children)

3:30pm — Games afternoon for all ages

Sat 28 June, 4:00pm — Jonathan's ordination at **Ely Cathedral**
Our curate Jonathan Chatfield will be ordained in a service held at Ely Cathedral

Sun 29 June, 10:00am — **Holy Communion**
Rev Jonathan Chatfield will preside over Communion

Contacts

Church Office: Ian Farr, 01954 206120, church.office@barhillchurch.org.uk
Working hours usually include Monday, Tuesday and Wednesday mornings. A number of external activities take place in the church buildings throughout the week. Enquiries about hiring space for an event should be directed to Ian.

Minister: Revd Wendy Wale, 07780 828865, minister@barhillchurch.org.uk
Working days are Monday, Tuesday, Thursday and Sunday.

Website: https://barhillchurch.org.uk
Facebook: https://facebook.com/barhillchurch

BAR HILL DISTRICT COUNCILLOR'S REPORT

Cllr Bunty Waters - **bunty.waters@ntlworld.com**
01954 201421/ 07734 690580

Congratulations to Cllr Edna Murphy, who was elected once again to the County Council in the May election. We look forward to the paths in the village being slurried, to make them safer to walk, & that she can resolve the area at the old Lolworth petrol station.

Cambridge Waste Water Treatment Plant Relocation decision

The Cambridge Waste Water Treatment Plant Relocation application has been granted development consent by the Secretary of State for Environment, Food and Rural Affairs.

The project comprises the construction and operation of an integrated waste water treatment centre and sludge treatment plant, transfer tunnels, terminal and intermediate pumping stations, vehicle access, utilities connections, renewable energy generation, ancillary buildings and landscaping.

The application was submitted to the Planning Inspectorate for consideration by Anglian Water Services Limited in April and accepted for examination in May both 2023.

Following an examination during which the public, statutory consul-tees and interested parties were given the opportunity to give evidence to the Examining Authority, recommendations were made to the Secretary of State on 12 July 2024.

Zero Carbon Communities Grant

Our popular Zero Carbon Communities Grant is open for applications, closing Tuesday 1 July 2025. Parish councils and voluntary/community organisations are invited to apply for grants of between £2,000 and £15,000 for projects that a) reduce carbon emissions e.g. from a community building, or b) foster greater community engagement on climate issues and encourage sustainable behaviour change. For full eligibility criteria, please consult the guidance documents on the website. The grant team will be running an online application workshop where you can ask any questions and discuss project ideas:

Wednesday 21 May 2025 :5-6.30pm :Email zcc@scambs.gov.uk to sign up to this session, or for any further info.

Bar Hill library

Mon	10:00am – 5:00pm
Tues	2:00pm – 5:00pm
Wed	10:00am – 5:00pm
Thurs	Closed
Fri	2:00pm – 5:00pm
Sat	9:30am – 12:30pm
Sun	Closed

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During each session an element of training is introduced, tailored to your dogs identified developmental needs, with a short video uploaded to a dedicated and exclusive 'members only' training area on our Facebook page. This will contain a demonstration of each task/developmental aspect with useful 'how to' tips to help you continue the training in your own home. Come and join us in our clean, safe and popular Day Care Facility in the village of Over just outside Cambridge.

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Vets for Pets
Bar Hill

Keeping Your Pets Safe and Happy in the Heat: Advice from Your Local Vet

As the warmer months arrive, we at the village veterinary practice want to ensure that your beloved pets stay healthy, comfortable, and safe. Hot weather can bring hidden dangers for cats, dogs, and small furries like rabbits, guinea pigs, and hamsters. Here's our guide to helping your animal companions thrive during the summer season.

Dogs: Enjoy the Sunshine Safely

Dogs love a good run and sniff outdoors, but they don't cope with heat as well as we do. Dogs cool down by panting and through their paw pads, which isn't always enough in high temperatures. Avoid walking your dog during the hottest part of the day (usually between 11am and 3pm). Instead, go early in the morning or later in the evening when it's cooler.

Always check the pavement with your hand—if it's too hot for you to touch for more than five seconds, it's too hot for your dog's paws. Make sure they always have access to fresh, clean water and a shady spot to lie down. Never leave a dog in a parked car, even for a short time—it can become dangerously hot within minutes.

Watch for signs of heatstroke: heavy panting, drooling, vomiting, lethargy, and collapse. If you suspect heatstroke, call us immediately.

Cats: Cool and Calm Companions

Cats are often quite good at finding cool places to lounge, but they can still overheat. Ensure they have access to cool indoor areas and provide multiple water sources around the house. Some cats enjoy licking ice cubes or drinking from pet fountains, which can encourage them to stay hydrated.

Outdoor cats should have shaded spots to escape the sun—plant pots, shrubs, or cardboard boxes in the shade can work well. Consider keeping white or light-coloured cats indoors during peak sun hours, as they are more prone to sunburn, especially on their ears and noses. Pet-safe suncream can also help.

Small Furries: Big Challenges in the Heat

Rabbits, guinea pigs, and hamsters are particularly vulnerable to hot weather. They often can't move to cooler spots easily, especially if housed in outdoor hutches. Move their enclosures out of direct sunlight and into shaded, breezy areas. Indoors may be best during heatwaves.

Freeze water bottles or ceramic tiles and place them in their enclosure for them to lie against. Provide plenty of fresh vegetables with high water content (like cucumber) and ensure they have constant access to clean water. Flystrike is a serious risk for rabbits in the summer, so check their rear ends daily for cleanliness and consult us if unsure.

In Case of Emergency

If you're ever concerned about your pet in the heat, don't hesitate to call us. Our team is here to help with advice, check-ups, and care should your furry friend struggle during the summer.

Wishing you and your pets a safe, sunny, and joyful summer!

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BAR HILL LIBRARY - JUNE 2025

Family History drop-in sessions

Do you need help with tracing your ancestors?

On the 3rd Monday of every month, Cambridgeshire & Huntingdonshire Family History Society hold a drop-in session at Bar Hill Library.

Whether you want to start researching and don't know where to begin or need some help with an elusive ancestor, our friendly volunteers are here to help.

This month's session will be on **Monday 16th June** from 2-4pm.

SAVE THE DATE

Next month, we begin our Summer Reading Challenge.

This year's theme is 'Story Garden.'

Enter the Story Garden this summer and start your adventure through reading, nature and the great outdoors.

The Story Garden Summer Reading Challenge is all about exploring the magical connection between stories and nature, and your library has thousands of amazing books and activities to make this happen.

Complete the Summer Reading Challenge and receive your very own Story Garden medal and certificate.

Sign up for free from Saturday 5th July.

Start collecting your special Story Garden stickers from Saturday 19th July.

For more details, visit: Cambs Libraries Summer Reading Challenge webpage.

The SRC is aimed at children from 3-11 years of age.

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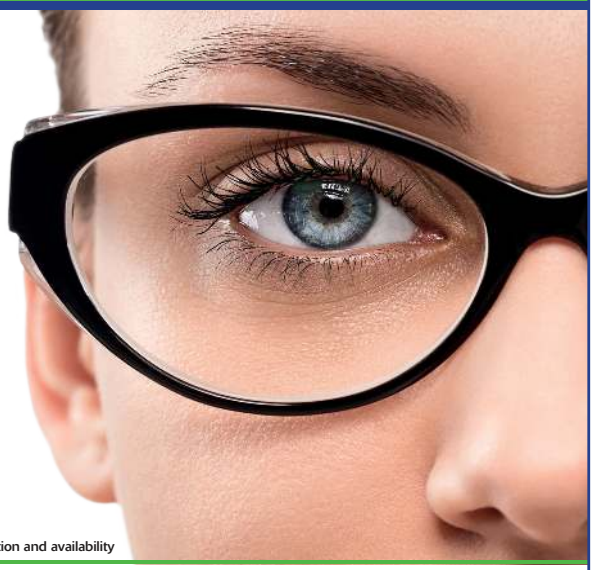

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Dates for your diary for 2025;

- 26th June
- 12th July - bottle hamper stall in the Church for Bar Hill Fete & Festival
- 28th August
- 23rd October AGM

Meetings start at 7:30 in the Octagon Meeting Room.

Our traditional Poppy Appeal is currently being planned. If you can spare an hour please contact Maggie on **01954 488657**.

If you would like to visit and see what we do at a meeting, please feel free to come along or contact Wendy on **01954 781381** or Malcolm on **01954 488657**.

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If you have any queries please call Bunty Waters **07734 690580**.

Our local parish priest is Father Adrian Gates, from OLEM, Ditton he is also the Hospital Chaplain - **07842 190882**.

Come & worship - everyone welcome.

Contact Bunty Waters for more info.

Would you like to help support NHS research?

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After children returned from their Easter holiday in April, we started with announcing the winners of the 'Easter Colour Hunt competition', which was set up just prior to the holiday, for some family fun. The winners of each age group have received a prize and all those that participated received a certificate. We hope everyone had fun.

Following 'World Earth Day' at the end of April, May has brought us a great opportunity to learn about the four elements of nature, which are traditionally considered to be: water, air, earth and fire.

We started with 'water' at the start of May. The weather was warmer, so we could explore many water activities, including footprints on the patio.

During the second week, children were doing experiments on 'air', including seeing how items moved in the breeze of a fan and blowing through straws to move small items across the table.

The Preschool had organised a photoshoot in the setting this month. The children really enjoyed it and as a result, there were so many lovely pictures taken of them.

As 'VE Day' arrived on the 8th May, we celebrated the 80th anniversary of 'Victory in Europe Day' with activities, including making flags and pictures of medals. We had an afternoon tea that the children helped to prepare. We also linked the day with making and decorating paper planes and seeing whose flew the furthest.

We offer places to children the term after they are two years old. We accept two, three, & four year old funding and we are also part of the national savings childcares cheme.

Weekly playgroup sessions for babies and preschool children

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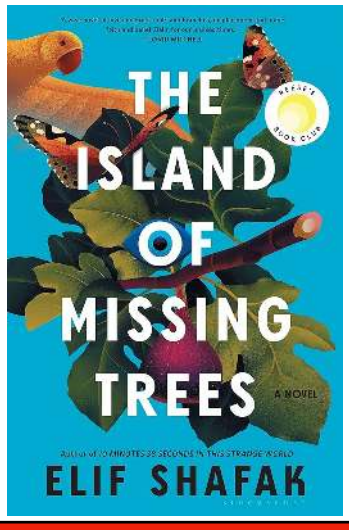
*term time only

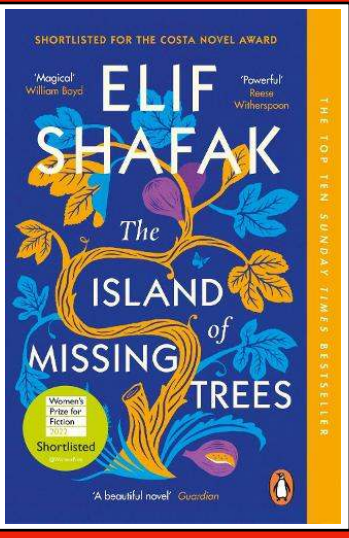
Taster session Free, Further sessions - under 1 £2, over 1 £3, 2 or more children £4 refreshments and snacks included

We look forward to seeing you at our next session



Bar Hill Ladies Book Club

Bar Hill Book Club will meet again on Tuesday 17th June in the Sports and Social Club at 7:30 pm.The book is: "The Island of Missing Trees" by Elif Shafak. For details of future events please email **sheilafarrar@hotmail.co.uk** or call/text **07920 558319**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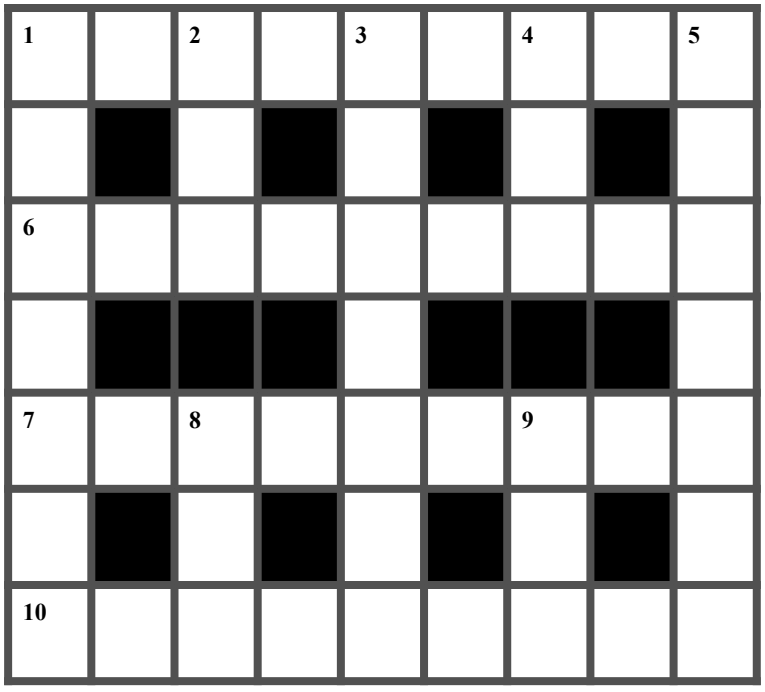

PUZZLE for JUNE 2025

Across: 1.RSPCA,RNLI etc. 6.echo. 7.helping with payments. 10.woman's personal help

Down: 1.with caution. 2.an equine. 3.cricket term. 4.atomic particle. 5.travelled over snow. 8.indicate agreement. 9.librettist Gershwin

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Bar Hill
Primary School

Victory in Europe Day stands as a reminder of the courage, sacrifice, and resilience demonstrated during World War II.

To commemorate this historic occasion, Bar Hill Primary School and the PTA hosted a street party-style lunch and afternoon tea, extending a warm welcome to local veterans who graciously shared their wartime experiences with pupils.

The entire school gathered in the playground, where the veterans were greeted with heartfelt applause before a two-minute silence was observed to honour those who served.

The following recount, written by one of our students, offers a personal reflection of the powerful stories shared during this memorable day.

At 11.45 on Thursday the whole school congregated on the playground. We were joined by some veterans of WW2 who now live in our village. They were greeted by a massive round of applause. This was followed by a 2 minute silence.

I was very excited to meet the veterans because I am extremely interested in history, especially WW2.

I met Joan who was in the Auxiliary Territorial Army (which was the same regiment that the late Queen Elizabeth II was in, when she was a Princess).

I also met Valerie, who was a civilian living on the edge of London. She remembered going into shelters every night because of the bombing raids. Also, she recalled a dog fight between a British Spitfire and a German BF109 over London. In addition to this, she saw the BF109 getting shot down, black plumes of smoke coming out of the engine, then it crashed into a row of houses. They were flying so low she could see the traces of the bullets and the people who were in the cockpits. One time a row of houses near them was demolished during an attack, some people died but a black cat survived. Valerie's father adopted the cat and looked after it until it died of old age.

I also spoke to Mike, who was four and a half when the war ended. He informed me that his father was an Artillery Gunner in the Merchant Navy during the War. Mike was born during a bombing raid in Sheffield.

I really enjoyed having the opportunity to speak to the veterans and hear their stories, which were very interesting.

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BAR HILL TENNIS & PICKLEBALL CLUB

It's been a bit breezy for tennis and pickleball in May, but stalwarts have continued to play. Hopefully we'll enjoy some calmer weather soon as spring turns to summer.

We've been glad to see some new people at the pickleball beginners' session at 5.00pm on Mondays. Do join us!

We're hoping to hold another pickleball Open Day during the Fete on Saturday 12 July. Check next month's Bar Hill News for confirmation, or just check things out at the tennis courts during the Fete.

CLUB TIMES

Our Adult Club nights for social tennis are Tuesdays and Thursdays starting at 6.30pm.

Our Adult Club times for pickleball are Monday evenings starting at 6.00pm and Friday mornings at 10.00am. (Beginners' session 5.00-6.00pm on Mondays).

RESURFACING PROJECT

We've been gathering some quotations to resurface the courts and include both tennis and pickleball lines, and are approaching possible funders.

MEMBERSHIP

Club membership runs from April to March. Membership covers both tennis and pickleball and you can be part of the WhatsApp groups for either or both sports which give info about what's happening. You can apply online at our website.

CONTACT

Paul Chubbuck (Chair)
chair@barhilltennisclub.co.uk

Richard Lewney (Secretary)
secretary@barhilltennisclub.co.uk

Ian Foot (Treasurer)
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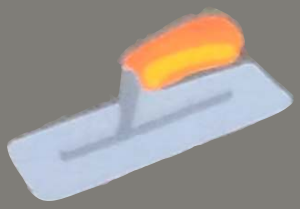

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SUNDAY 29 JUNE

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Would you like to help Maggie's support people living with cancer, and those who love them?

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Back for a second year - join #TeamMaggies for an exhilarating tandem skydiving experience on Sunday 29th June! 🪂

📍 Maggie's Skydive Day at Sibson Aerodrome, Peterborough, PE8 6NE

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📧 **cambridge.fundraising@maggies.org | ☎ 01223 249220**

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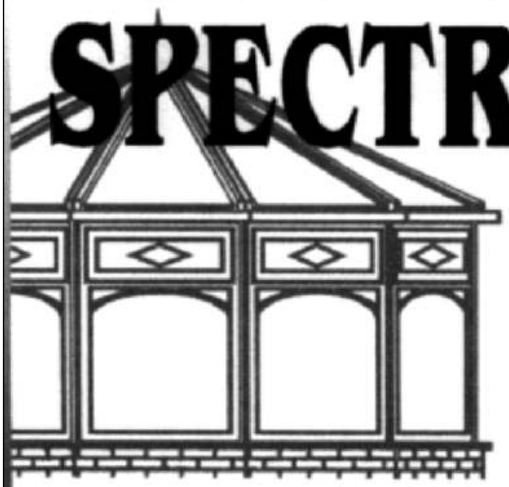

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Helping Hedgehogs in June

It is especially important to help hedgehog's now, as this is a busy time for them—females may be feeding young, and all hedgehogs are actively foraging to build up energy. Here are some simple but effective ways you can help:

Provide food and water

- Leave out a shallow dish of fresh water daily, especially in dry weather.
- Offer food like:
  - Wet cat/ dog food (chicken is good)
  - Dry cat biscuits
  - Special hedgehog food (avoid mealworms, milk, and bread)

Create a safe space

- Check before strimming or mowing—hedgehogs often sleep in long grass or under hedges.
- Build a hedgehog house or leave wild areas with logs and leaves for shelter.
- Ensure access between gardens by creating small holes (13cm x 13cm) in fences—"hedgehog highways."

Avoid hazards

- Cover drains and holes.
- Keep netting and litter off the ground—hedgehogs can become entangled.
- Don't use slug pellets or pesticides—these can poison hedgehogs and their food sources along with other wildlife.

Be hedgehog aware at night.

- Drive slowly and watch for hedgehogs crossing roads.
- If you see one out during the day, it may be in trouble—especially if it seems weak or is circling. Contact Liz Dams - 07912 988898 / Shepreth Hedgehog Hospital

Wildlife-Friendly Gardening

June is a magical but fragile time in our gardens. Birds are nesting, hedgehogs are raising hoglets, fledglings are exploring, and fox cubs are learning the ropes. But sadly, much of our precious wildlife is disappearing—and we must act now to protect it.

Keep Cats in Check

- Use breakaway collars with bells (shown to reduce hunting success).
- Keep cats indoors at dawn and dusk when fledglings and small mammals are most active. They do not always bring what they catch home.
- Create enriching indoor spaces for your cat so they're mentally stimulated without harming wildlife.

Be nest and hoglet aware

- Check before strimming or mowing—many mammals and ground-nesting birds hide in long grass.
- Avoid disturbing piles of leaves, logs, or overgrown corners—these are natural nurseries for hedgehogs and insects.

Let Your garden grow wild

- Even a small patch of untamed lawn, wildflowers, or nettles can support butterflies, bees, and caterpillars.
- Native plants provide the best food and shelter for local species.

Feed and water with care

- Leave shallow dishes of fresh water in shaded spots.
- Put out hedgehog-safe food (wet cat food, hedgehog food—not milk or mealworms).
- Hang bird feeders away from dense bushes where cats could ambush.

Join the wildlife corridor movement

- Cut 13cm x 13cm holes in fences to let hedgehogs roam safely.
- Coordinate with neighbours to create connected, wild-friendly spaces.

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We regularly go on walks, outings and attend local groups to help the children socialise. We find having a wide range of ages benefits all the children in our care, it helps the younger children's confidence and encourages the older children to be patient and understanding with the younger children, helping them learn and progress.

We accept all Government funding for eligible parents and the Government Tax Free Childcare payments.

As we are busy during the with the children, please text us your enquiry with details of your requirements and we will contact you as soon as possible with our up to date availability and hourly rates.

Jacky – **07718447998** – ages 6 months upwards. Term time only and all year round care offered.

Kirsten - **07906218070** – ages 6 months upwards. Term time only and all year round care offered. No spaces available.

We've had a busy couple of months since we last updated you. We visited Wimpole Home Farm and were lucky enough to see a kid that was only 10 minutes old! We saw lots of different animals there to. We have been enjoying long sunny walks, feeling the texture of different bark on the trees and spotting ladybirds enjoying the warm sunshine. We did lots of Easter activities, making Easter egg suncatchers and exploring Easter trails. We picked some fresh rhubarb and turned it into yummy crumble. We celebrated St Patricks Day, St Georges Day and learnt about recycling and how to keep the planet healthy for World Earth Day.

We enjoyed sunny days in the garden and a walk to Dry Drayton to visit the monthly coffee morning and sample the yummy cakes.

We have planted cress, sunflowers and peas and we are excited to watch them grow. We have caterpillars arriving in the next few weeks which we'll look after carefully until they hatch into butterflies, then we'll release them into the garden. We have signed up to take part in 30 Days Wild during June, there will be lots of great ideas of things to do in nature. And we will be busy making something exciting for all our Daddy's for Fathers Day.

Cambridge Cats Protection
Making a better life for cats

Call 01223 528 312 **to provide a forever home for a cat or kitten in our care.** For neutering advice call 01223 236 188.

enquiries@cambridge.cats.org.uk | cats.org.uk/cambridge

We are run solely by volunteers and appreciate your patience at busy times.

Cats Protection is a registered charity 203644 (England and Wales), SC037711 (Scotland) and is listed as a Section 167 institution by the Charity Commission of Northern Ireland. BC_1770

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The Cancer Hair Care Specialists will guide you through an array of helpful cancer treatment-related hair loss subjects in the friendly, informal setting of Maggie's Cambridge.

From headwear, scalp care, scalp cooling tips, wig wearing, eyelashes and brows, right through to new hair growth, colouring and cutting.

- Free goody bag worth £20
- Headwear, wig guidance, scalp cooling tips, scalp care and new hair growth
- Eyebrows and lash make up
- All your hair loss and scalp questions answered by the friendly experts at Cancer Hair Care

Our aim is for you to leave feeling empowered, confident, cared for and more knowledgeable about subjects that may be helpful during hair loss. Hair loss can seem like a mystery, but with our specialist guidance, and caring approach, we hope that you will discover options that help you to maintain your individual sense of style.

When: Tuesday 10th June - 1.30pm - 2.45pm
Where: Maggie's Cambridge, 21 Milton House, Puddicombe Way, Cambridge CB2 0AD

Book in today at Maggie's – we're looking forward to meeting you!

01223 249220 | cambridge@maggies.org

Buttercups CHILDCARE LTD

Bar Hill Day Nursery and Out of School Club

www.buttercupschildcareltd.co.uk

Bar Hill Day Nursery is based in Gladeside, Bar Hill. We are open 7.30am – 6pm, Monday to Friday, 50 weeks per year. We have spaces year-round or term-time for children aged 4 months to 4 years. Please contact the Nursery for more information or to arrange a visit. **Phone: 01954 488081 Email: info@buttercupschildcareltd.co.uk**

Bar Hill Out of School Club is based in the building next to Bar Hill Primary School. We offer Before and After School care and Holiday Club for Primary aged children. We are open 7.30am – 8.45am, 3pm – 6pm Monday to Friday and 8am – 6pm during school holidays. For more information or to make a booking please contact the Out of School Club: **Phone 01954 200814 Email: oosc@buttercupschildcareltd.co.uk**

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SAXON PARK/ BAR HILL SKATEPARK

The Skatepark Task Group has been hard at work preparing a tender document so that we can get a skatepark construction contractor involved. This has involved a significant amount of work preparing a 45 page legal document to comply with construction industry requirements for public tenders. By the time you read this, the Parish Council will have had a chance to discuss and vote on whether to accept and publish the tender document. To stay up to date with news about the Saxon Park redevelopment, please consider subscribing to our YouTube channel at youtube.com/@BarHillSaxonPark. We also encourage you try out skateboarding by signing up for a try-out session (for both adults and children!) at the Bar Hill fete at **forms.gle/4MYVTp4rV3eVvaL1A**. We also have more information available at **www.barhill-ca.org/activities/saxon-park**.

Bar Hill Village Hall

The large Main Hall has multi-purpose vinyl flooring, making it flexible for all types of events. There is a kitchen alongside the Hall with a serving hatch, making it useful for self-catering at parties, discos and the like. The licensed bar can be booked on request and will be serviced by the Sports and Social Club. The Hall opens out onto a large patio area that is ideal for external activities or a spill-over for internal events and has two bolted gates that lead off the premises.

There is also a Meeting Room, with its own independent access and great for meetings of up to 10 people.

The Village Hall is managed as a registered charity (number 1002579). To book, please visit our web site **barhillvillagehall.com** and email **enquiries@barhillvillagehall.com** to confirm arrangements.

Alternatively, call **01954 782414** and leave a message. We aim to return calls within 24hours (Monday to Friday).

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Bar Hill Village Hall

Every Tuesday from

1-30 – 2-30pm

Tel: 07956 594762

Bar Hill Cricket Club

Our first Saturday league match of the season saw us at home to Elsworth and fielding first. Midhun Sudhakar took two wickets on his first appearance but Elsworth had a strong batting performance and scored 275 for 6.

In reply, Jim Neal top-scored with 36 and Jeemon Vazhappilly made 33 not out, but Bar Hill were all out for 165.

With four more league matches in May, three of them at home, hopefully we will have got some wins on the board by the time you read this!

This season, we are again running a Saturday team in the Cambridgeshire Cricket Association Junior League and a midweek team in the Cambs Business Houses League – those midweek matches start around 6am or just after and are 15 eight-ball overs.

We have practice sessions from 6pm every Wednesday at the village green, and there are several ad-hoc practices at other times through the week, so do come and say hello if you are interested in playing cricket or helping the club in any other way.

Off the pitch, we're hoping to set up a quiz night during the season, details to follow.

You can follow all the latest on our website or on our Facebook page.

June fixtures

Sat 7th: Comberton (A, CCA)

Tue 10th: Newton (H, CBHL)

Tue 17th: Fen Ditton (H, CBHL)

Sat 21st: Cambridge Tamil Sangam II (A, CCA)

Tue 24th: Qualcomm (H, CBHL)

Sat 28th: Milton III (H, CCA)

Mon 30th: Cokenach (H, CBHL)

Paul Stimpson

201212 | **info@barhillcricket.org.uk**

FRIENDS OF THE ROSIE

We hope all our customers are looking forward to summer holidays. Take a look at the special offers on the easyfundraising site, make a saving and a donation as well as looking forward to your summer holiday.

With your help we are raising money to make the Rosie a more comfortable environment for mothers and babies.

You can shop from our in person stall at the

Bar Hill Fete and Festival from 2pm on Saturday 12th July

There are stalls in the church hall and on the village green

Thank you for your continued support and we wish you all the very best for the summer..

Avril Williams | **01954 782431**
avril@rosieinstitches.org.uk

and Jo Hall | **01954 780304**

You can purchase online from our shop;

rosieinstitches.org.uk/wordpress/shop

You can also donate, just by shopping online in your usual stores, via Easy Fundraising. You can sign up to support us here;

easyfundraising.org.uk/causes/forh/

cda Cambridgeshire Deaf Association

Hearing Aid Maintenance session, every 1st Wednesday morning of the month from 10am to 12pm at Bar Hill Community Church, Viking Way CB23 8EH.

We'll be maintaining NHS hearing aids, replacing tubing and domes and supplying hearing aid batteries.

Our service also provides a wonderful volunteering opportunity either as a Technician, Receptionist or Host, full training is given. Please get in touch for more information.

riley.astrup@cambsdeaf.org | 01223 416141 | cambridgeshirehearinghelp.org.uk

Over Memory Café

inviting all people living with memory loss, their families and carers, to join us for Music, Refreshments and Fun.

Saturday, June 28
Saturday, July 26
Saturday, August 23

from 10 am to 12 noon

at The Over Day Centre, 1 Drings Close, Over, CB24 5NJ
wheelchair accessible, free parking available

please visit https://www.facebook.com/OverMemoryCafe/

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IAN SOLLOM MP NEWSLETTER

Local Elections

Over the past few weeks, I have enjoyed getting out across the constituency listening to and speaking with residents on their doorsteps in support of our brilliant County Council candidates who stood for election on 1st May. Thank you to everyone who took the time to speak to me about issues that matter to you. The Liberal Democrats gained 11 seats and are now the majority party on the Cambridgeshire County Council. Congratulations to Cllr Edna Murphy who was re-elected as County Councillor for Bar Hill.

NHS England & ICB Cuts

My top concern is the local NHS, so recently in Parliament I questioned Health Secretary Wes Streeting about the potential impact of his demand for 50% staffing cuts to integrated care boards (ICBs) – including our own Cambridgeshire and Peterborough ICB. Sadly, his response entirely avoided addressing the challenges of healthcare planning in our rapidly growing communities here in Cambridgeshire.

Cuts to the ICB, who are responsible for designing and commissioning our health services, threaten the timely delivery of essential new and expanded primary care services in places like Bar Hill, where I know that the GP surgery has been waiting years for building repairs and renovation. With such sharp population growth, Cambridgeshire needs planning for the future of our healthcare and cutting bureaucracy with no long-term vision for our communities simply isn't good enough – I am continuing to push the Government to realise this.

PIP and Carer's Allowance Emergency Forum

Over the past few weeks, I have received many concerned emails from constituents about the Government's plans to cut Personal Independence Payments (PIP) and the impact this will have on them. In light of this, I recently hosted an emergency forum, bringing together local charities and organisations to discuss how best we can support disabled people and their carers in our community if these cuts are to go ahead.

We are incredibly lucky to have such dedicated support systems already in our community – with representatives from Citizens Advice Bureau Rural Cambs and Cambridge & District, as well as both St Neots and Cambridge City Foodbank, Switch Now, Cambridgeshire ACRE, Money Advice St Neots, and Carers UK all participating in the forum. But it is clear that these cuts are going to have a huge impact on their services, and indeed on the residents they are helping. Using the testimony from this meeting, I will be challenging the Government at every opportunity and pressing them to make urgent changes to the proposals to ensure disabled people get the support they need.

If you would like to contact me, please email **ian.sollom.mp@parliament.uk**, visit my website **www.iansollom.org**, or alternatively you can follow me on X: @IanSollom, Facebook **www.facebook.com/IanFSollom** or Instagram **www.instagram.com/iansollom**

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About me:
Bar Hill resident for 10+ yrs. I have worked in care for the last 20 years as I find it very rewarding. I treat all my clients as individuals and believe compassion and communication is the key to a great working relationship.

Phone: Laura **07540844186**
Email: **laurayardy@hotmail.com**
CV and references available upon request.

OVER DAY CENTRE

NEW SATURDAY LUNCH CLUB

Welcoming all residents of Over & surrounding villages to join us for lunch at the Day Centre, fourth Saturday of each month, service starting at 12:30 following the Memory Café, our next lunch on Saturday, June 28

£10.00 per person, main course & dessert, includes teas & coffee

all food is freshly prepared & we're happy to cater for any dietary requirements

menu for lunches are available one month before, from our website or at the Memory Café

places must be pre booked, online www.overdaycentre.co.uk/whats-on/saturday-lunch-club/ or email: saturdaylunchclub@overdaycentre.co.uk, or telephone *01954 231807/07710 694900*

The Over Day Centre, 1 Drings Close, Over, Cambridgeshire CB24 5NZ, Charity No 1196202

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A safe space for those with memory loss to enjoy:

- **Conversation**
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Accompanied by a carer, family or friend.

When: **The fourth Monday each month.**

Where: **The Octagon, Viking Way, Bar Hill, CB23 8EH**

Time: **10am – 11.30am**

Phone: **01954 206 120**

Email: church.office@barhillchurch.org.uk

ce Book: **DM Kevin Potts**

E-biking for softies - Bridges and Bluebells

The weather being fair, I set out on my E-bike Lionel, for a circular ride through Boxworth, Knapwell and Dry Drayton. A friend has told me that the bluebells were in bloom in the woods behind the church in Knapwell, and I was keen to experience this sight for myself.

Riding over the pedestrian bridge from Bar Hill is always quite a thrill. I feel I am flying over the traffic as I peer down at the cars and lorries scurrying beneath me. I also like to take the time to admire the skill of the engineers who designed and built this high flying expanse. The ride up to Swavesey Services is noisy because of the traffic, but has the distinct advantage of a smooth, wide cycle path. The views over the fields to my right are far reaching and the skies above huge and blue that day. Riding back over the A14 at Swavesey on their sky bridge was a first for me and equally as thrilling as the Bar Hill bridge!

Cycling along the peaceful country road to Boxworth was a welcome break from the traffic noise. I was soon hearing birdsong, lambs bleating and passing lovely cottages and the pretty church. As I rode past the Golden Ball, I briefly explored the idea of stopping for a swift one, but thought better of it. Better to press on, plus I had water in my pannier.

The road onwards to Elsworth and Knapwell gives glorious open views on both sides, I was rather disappointed that I hadn't brought binoculars with me. Again, the road is quiet with only the odd car or lycrist passing me.

I turned left to Knapwell and soon arrived at this pretty village. The church is hidden down a very bumpy track on the left. I have lived in Bar Hill for 42 years, and I am very sad to say that, I haven't ever visited this gem before. The church is perfectly nestled into its grounds and bordered by the woods on its eastern side. The building, surprisingly for this area, is clad in flint. The chancel has an elegant semicircular bow end which is based on a ship's keel. Described as being in a "poor state structurally by Historic England, the church is nonetheless beautiful and the perfect spot to stop and sit a while. The church yard, also beautiful, was bathed in sunshine and had several benches, I rested and enjoyed a small picnic here.

A short walk further down a muddy lane brought me to Overhall Grove aka Knapwell woods. Here, I met a man who told me the woods contain rare ancient Elm trees that had escaped the ravage of Dutch Elm Disease. The woodland was absolutely wonderful. Dappled light fell through the delicate spring canopy lighting a patch of magnificent bluebells. Surrounded by the magnificent ancient trees, with only birdsong for company, I felt my shoulders drop and a sense of peace and wonder filled me. The uplighting power of nature is a

marvellous thing.This wood was once the site of a medieval manor, I could imagine that little had changed here since those times.

Buoyed up by my experiences at Knapwell, I continued through more glorious scenery and eventually turned left onto the St Neots Road. This is quieter than the A428 which runs parallel, but still not as pleasant to ride along as the village roads. Before long, however, I was pedalling along Scotland Road towards Dry Drayton. Lovely views here across the fields towards another church. After that, an exhilarating whizz down the path to the drift and I am back in our village again.

This was a fabulous ride, one I'll be repeating for definite.

By Bridget Wilson

T.N. Walsh (AIP-RP)

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BAR HILL PARISH COUNCIL

Parish Council Office, Hanover Close, Bar Hill. CB23 8EH
01954 780456 - clerk@barhill-pc.gov.uk
Chairperson: bunty.waters@barhill-pc.gov.uk

Litter Picking

A big thank you to all those who helped with the Big Litter pick around the village and to all those who continue to pick litter.

Grass Cutting

Grass Cutting resumed mid- March, please be mindful when parking so as not to block access for the grass cutters. If you notice any areas that may have been missed please let the Parish Clerk know either via email or by phone.

New Website

The new website is now fully up and running.

Clothes around the Village

Please can you remember to pick up any coats or clothes from the play areas around the village and from the village green.

Dog Fouling

Please make sure you clean up after your dogs and have poo bags with you when out walking with your dogs. Please report any concerns using the URL below.

Village Safety

If you see anything that causes concern for safety in and around the Village for example electric scooters on pathways, please call 101 and report it.

City Fibre

As everyone is now aware work has commenced on the laying of the Fibre Optic cables around Bar Hill. For any complaints relating to this please direct them to https://up-connect.com/contact/ and fill out the form.

Committee Meeting Dates

Environment and Amenities Meeting 4 June 2025 - 7pm in the Parish Council Office

Full Council Meeting 19 June 2025 - 7pm in the Parish Council Office

Hedgehog Fact: A hedgehog's nose is its superpower—they have a fantastic sense of smell but poor eyesight.

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Relationship Counselling
Cambridgeshire

WE ARE TRADING UNDER A NEW NAME!

As we enter our 80th year Relate Cambridgeshire will be rebranding as

Relationship Counselling Cambridgeshire

This follows the administration of Relate National Ltd in December last year.

Our high quality services will continue unaffected, delivered by the same staff and to the professional standards that we have always maintained.

We will continue to work in partnership with other centres which previously formed part of the Relate Federation to strengthen our ability to serve our beneficiaries and meet the ever-evolving needs within our communities.

Claire Godward, Chief Executive of Relationship Counselling Cambridgeshire said

"This is a great opportunity for us to expand our services . And we will continue to seek out new partnerships and collaborations locally and nationally to enable us to deliver joined up services and support, which will span the whole of England and Wales".

Working at the heart of our communities Relationship Counselling Cambridgeshire will continue deliver a wide range of support to couples, families, children and individuals across Cambridgeshire and surrounding areas.

We offer weekly online and face-to-face appointment slots in Cambridge, Girton, Huntingdon, Little Paxton, Stamford, Melbourn and Sawston. Contact us to book via the details below.

If you want to get in touch : Please call us on 01223 792226

www.relationshipcounsellingcambridgeshire.org.uk

THE LIBRARY PRESENTS

Papworth Library

Pendrill Court, Ermine St North, Papworth Everard CB23 3UY

'Fun, relaxing and social'
Participant comment

Clay Workshop

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Running time: 2 hours
Suitable for:
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Tickets: £6.50 / £3

Use a range of techniques to create your own unique ceramic artwork with artist **Louise Beale**. Bring your own natural forms (e.g. leaves, flowers and pebbles) to imprint into clay and make your own sculpture to take home. All tools and materials provided.

To book tickets and to see access information and full detail of the whole programme visit
www.library.live/the-library-presents

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- ask at the library,
- call **0345 045 5225**,
- **volunteers@cambridgeshire.gov.uk**, or
- visit our website; **https://bit.ly/ccc-library-at-home**

Saturday, June 14
Saturday, July 12
Saturday, August 9

Willingham Memory Box Café

Invites people living with memory loss (from any cause) and their carers to join us for Music, Company, Chat, Refreshments and Fun

from 10 am to 12 noon

In The Octagon
(behind Willingham Parish Church, with wheelchair access and no steps)

or vist our facebook page www.facebook.com/WillinghamMemoryBoxCafe/

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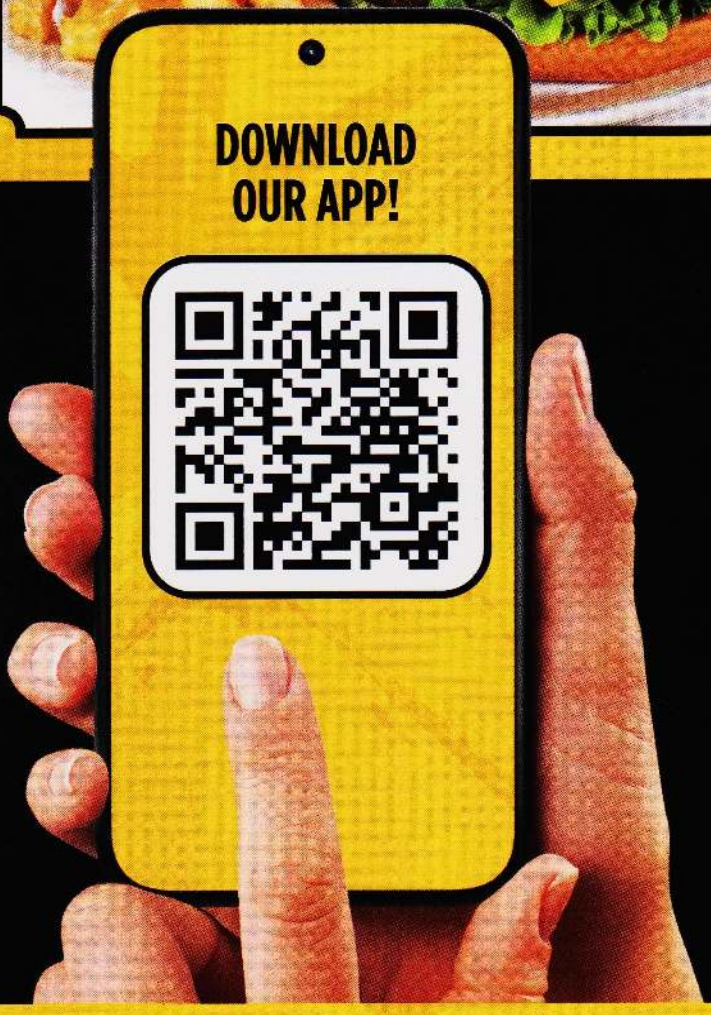

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